

Innovation that moves you

David Nielsen, D.O.

Board-certified Orthopaedic Surgeon Fellowship-trained in Upper Extremity Certificate of Added Qualification (CAQ): Hand Surgery

183 Spotnap Road, Suite C | Charlottesville, VA 22911 | 434-244-8412 | www.cvilleortho.com

PATIENT INFORMATION												
Patient's last name: First:				Middle	:		D Marie			rital status (circle one) gle / Mar / Div / Sep / Wid / LP		
Birth date:	Age:	Social	Securi	Security no.:			Sex:			Home phone no.:		
1 1							l	□F		()		
Physical address: En				Address:						Cell Pho	ne:	
										()		
P.O. box/Mailing (if different):			City:				State:		ZIP Cod	de:		
Occupation:	E	Employer:								Work phone no.:		
Chose clinic because/Referred to cli	nic by (ple	ease check one b	ox):	□ Dr.						☐ Other:		
PCP/Family Doctor:		Is this visi	t result	of an inju	ry? Y	or or	N	Date/Tin	ne of i	njury		
		INSURANC	E/PA	YMENT	INF	ORI	MAT	ION				
Is this patient covered by insu	ırance?	☐ Ye	s 🗆	No								
Person responsible for bill:	E	Birth date:	Add	ress (if dif	feren	t):						
Home phone no.:	V	Work no:		Cell No:						Is this person a patient here?		
()	()			()				∐Yes	□No	
		(Please give yo	ur inst	ırance car	d to t	he re	cepti	onist.)				
Primary insurance:			Po	licy no.:					G	Group no.:		
Subscriber's name: ☐Self	Subs	scriber's S.S. no.:	Bi	rth date:		Patient's relationship to sul				bscriber:		
				1 1		∐Se	lf [⊒Spouse		□Child	□Other	
Secondary insurance:			Po	licy no.:					(Group no.:		
Subscriber's name: ☐Self	Subs	scriber's S.S. no.:	Bi	rth date:		Patient's relationship to subscriber:						
				1 1		∐Se		⊒Spouse		Child	Other	
WORKCOMP Patients (Yo	u must			n author OF EME				u may be	cons	sidered a selfpa	ay patient.)	
.1		III C		lationship			T					
Name:			pat	ient:			Hoi	me phone n	0.:	Work phone no	o.:	
Authorization for Treatment, Rele	ease of li	nformation. Ins	urance	e Authori	zatio	n an	∣ (id As	sianment	& Fina		t	
Authorization for Treatment, Release of Information, Insurance Authorization and Assignment & Financial Agreement I hereby authorize treatment. I authorize Charlottesville Orthopaedic Center to furnish to insurance carriers any medical information necessary to process my claims. I hereby assign to Charlottesville Orthopaedic Center all payments, for medical good/services rendered to myself or my dependents. I understand that I am responsible for payment of any amount not covered by insurance. AFTER INSURANCE PAYMENT IS RECEIVED, I AUTHORIZE CHARLOTTESVILLE ORTHOPAEDIC CENTER TO BILL ANY REMAINING BALANCE TO THE CREDIT CARD I PRESENT TODAY AND TO MAIL ME A RECEIPT. I understand that an additional amount of 1% interest will be added to patient balances 30 days or more past due. I agree to reimburse the fees of any collection agency, equaling 30% of the debt, and all costs and expenses, including reasonable attorney's fees, incurred in such collection efforts. I hereby acknowledge responsibility for obtaining any referrals needed.												
Patient or Guardian s	ignature	e						Date				



□ Infections

□ Night sweats

☐ Vision changes

☐ Productive cough

☐ Chest palpitations

☐ Chest pain

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☐ Bruising or bleeding

☐ I do not have any of these symptoms

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Patient Questionnaire Initial Evaluation

INSTRUCTIONS: Please complete the following questionnaire before you see the doctor. **Mark the word or phrase that best describes your situation. You may select more than one answer per question.** Answer the question in as much detail as possible. Write additional information in the margins if needed. The information you provide will help your doctor to more accurately understand your problem(s) and develop an appropriate plan of treatment for your care. **THANK YOU.**

Patient name:						Date:			
		ss:							
		☐ Family/primary							
		☐ Telephone book							
Age: S	ex: 🗆 N	Iale □ Female		e you pregnant? e you breastfeeding?		Yes (Weeks)		No No
What are you seei	ng the doctor	for?		,				Ш	NO
Is this injury work	related?	☐ Yes (date/time of the inj	of inju	ry)					
		v this problem occur							
Have you seen a d	octor for this	problem or injury?		□ Yes		l No If y	ves, who and v	when?)
	-	(tests, medication, su			ŕ			-	
DO YOU CURRI	ENTLY HA	VE ANY OF THE I	FOLL	OWING SYMPTO)MS	? Please che	ck all that app	oly:	
☐ Fevers ☐ Fatigue		adaches ortness of breath		Vomiting Diarrhea			urination prob		

□ Constipation

□ Weight gain

Weight loss

PL	EASE TELL US ABOUT YOUR PAS	ST OR	THOPAEDIC HISTORY	' (no	t including toda	ny):
	Shoulder fracture	Left/R	ight		Hip fracture	Left/Right
	Shoulder injury	Left/R	ight		Hip injury	Left/Right
	Shoulder dislocation	Left/R			Thigh fracture	Left/Right
	Rotator cuff strain/bursitis	Left/R			Thigh injury	Left/Right
	Rotator cuff tear	Left/R			<i>E</i> 3 3	C
	Adhesive capsulitis/frozen shoulder	Left/R			Knee injury	Left/Right
_	Tames to capsums, no zen sucurus.	2010,1	8		Meniscal tear	Left/Right
	Arm fracture	Left/R	ight		ACL ligament	
	Arm injury	Left/R			Leg fracture	Left/Right
	Elbow fracture	Left/R			Leg injury	Left/Right
				ш	Leg injury	Lett/Right
	Elbow injury	Left/R			Anlala fractura	Laft/Dight
	Tennis elbow	Left/R			Ankle fracture	Left/Right
	Forearm fracture	Left/R			Ankle sprains	Left/Right
	Forearm injury	Left/R	1ght		Foot fracture	Left/Right
_					Foot injury	Left/Right
	Finger fracture	Left/R			Toe fracture	Left/Right
	Finger injury	Left/R			Toe injury	Left/Right
	Hand fracture	Left/R	ight			
	Hand injury	Left/R	ight		Herniated disc	
	Wrist fracture	Left/R	ight		Back fracture	
	Wrist injury	Left/R	ight		Low back pain	
	Carpal tunnel syndrome	Left/R			Neck fracture	
	Trigger finger	Left/R			Neck injury	
	Ganglion cysts	Left/R				pecify:
	Tendon lacerations	Left/R		_	other, preuse s	
	Nerve or artery injury	Left/R				
ш	refre of aftery injury	LCIUIV	iigiit	П	NO DDEVIOI	JS ORTHOPAEDIC PROBLEMS
				ш	NOTKEVIO	OS ORTHOT AEDIC I ROBLEMS
PL	EASE TELL US ABOUT YOUR PAS	ST ME	DICAL HISTORY:			
	Coronary artery disease		Stomach ulcer			Head injury
	Coronary artery disease Peripheral vascular disease		Stomach ulcer Reflux/GERD			Head injury Paralysis/spinal cord injury
	Peripheral vascular disease Past heart attack		Reflux/GERD Gastritis			Paralysis/spinal cord injury Immune disorder
	Peripheral vascular disease Past heart attack Chest pain		Reflux/GERD Gastritis Hiatal hernia			Paralysis/spinal cord injury
	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat		Reflux/GERD Gastritis Hiatal hernia Colitis			Paralysis/spinal cord injury Immune disorder Thyroid disease
	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts
	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind
	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction Pacemaker		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome Diverticulitis			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind Cataracts
	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction Pacemaker Heart failure		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome Diverticulitis Diarrhea			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind Cataracts Detached retina
	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction Pacemaker		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome Diverticulitis Diarrhea Pancreatitis			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind Cataracts
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	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction Pacemaker Heart failure Fainting spells Hypertension/High blood pressure		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome Diverticulitis Diarrhea Pancreatitis Cirrhosis Liver disease			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind Cataracts Detached retina Glaucoma Deaf/Hard of hearing
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	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction Pacemaker Heart failure Fainting spells Hypertension/High blood pressure High cholesterol Adult onset diabetes Childhood onset diabetes		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome Diverticulitis Diarrhea Pancreatitis Cirrhosis Liver disease Alcoholism Hepatitis A/B/C Kidney disease			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind Cataracts Detached retina Glaucoma Deaf/Hard of hearing Hearing aid use Vertigo Seasonal allergies
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	Peripheral vascular disease Past heart attack Chest pain Arrhythmia/Irregular heart beat Heart murmur Heart valve dysfunction Pacemaker Heart failure Fainting spells Hypertension/High blood pressure High cholesterol Adult onset diabetes Childhood onset diabetes Stroke/TIA DVT/Blood clot		Reflux/GERD Gastritis Hiatal hernia Colitis Chron's disease Irritable bowel syndrome Diverticulitis Diarrhea Pancreatitis Cirrhosis Liver disease Alcoholism Hepatitis A/B/C Kidney disease Kidney stones Enlarged prostate			Paralysis/spinal cord injury Immune disorder Thyroid disease Glasses/contacts Blind Cataracts Detached retina Glaucoma Deaf/Hard of hearing Hearing aid use Vertigo Seasonal allergies Nose bleeds Sinusitis
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PLEASE TELL US ABOUT YOUR PAST SURGICAL HISTORY: Place a mark beside any surgery you have ever had.

Appendectomy Cataract extraction Caesarian section Angioplasty Bypass/open heart surgery Peripheral vascular surgery Gall Bladder surgery	YEAR			Hernia repair Hysterectomy Mastectomy Tonsillectomy Prostate surgery Other, please specify: NO PREVIOUS GENERAL		
Shoulder: fracture repair Shoulder: arthroscopy Shoulder: rotator cuff repair Clavicle Arm Elbow Forearm Hand/Wrist: fracture repair Hand/Wrist: carpal tunnel Hand/Wrist: nerve repair Hand/Wrist: tendon repair Finger Low back Neck	Left/Right Left/Right Left/Right	YEAR	<u>ic Si</u>	Hip: fracture repair Hip: total hip replacement Thigh Knee: fracture repair Knee: arthroscopy Knee: ACL reconstruction Knee: total knee replacemen Leg Ankle Foot Toes	Left/Right Left/Right Left/Right Left/Right	
EASE TELL US ABOUT Y as any blood relative had any			Plac	e a mark beside any conditio	n, and fill in typ	e if known
Dysplasia , type: Bone diseases , type: Connective tissue disorders Mucopolysaccharidosis , type Muscular dystrophies , type: Blood disorders , type:	type:e:			Congenital musculoskeletal Neurologic disorders , type: Bone cancer , type: Other cancer , type: Other please list: NEGATIVE FAMILY HISTO		

PLEASE TELL US ABOUT YOURSELF:

O	ecupation:			_	ed Empl	oyer				
	☐ Disabled (cause:)	rmanent	□ Ter	npora	ry		
Н	and dominance: Rig	ht □ Left		Ambidextrous						
Ec	lucation completed:	Marital statu	ıs:	Children:]	Home ar	range	ements:		
	Elementary school	□ Single		□ None		□ Home	e, alo	ne		
	High school	□ Married		# son(s)		□ Home	e with	family		
	GED	□ Divorced		# daughte	r(c)	□ Home	e with	roommates		
	Vocational school	□ Separated	i	n daugnte.	` '	□ Assis	ted li	ving, name:		
	College	□ Partner						ome, name:		
		□ Widow					J			
							Wha	at assistive devices d	lo	
W	hat best describes your ac	ctivity level?	(Check	only one)			you	use? (Check all tha	at ap	ply)
	30 minutes of an exercise	program	□ A	ctive but no exe	ercise prog	gram		None		Full walker
	less than 1 day a week		□ S€	edentary/sit mo	st of the d	ay		Cane		Rollator
		program		inimal activity		•		Crutches		Wheelchair
	1-2 days a week	1 6		ay at home only				One-handed walker		
		e program		ay in bed only	5					
	3 or more days a week	F8		,						
	•									
	you now, or have you ev)
Ту	/pe:			nt: (pack/can/ea	ach)	Fre	quen	•		
	Chew Cigar			<1 1				Daily Weekly		
	Cigarette			2				Monthly		
	Dip							Occasionally		
				>3				Socially		
De	you now, or have you ev	er consumed	alcoho	l? □ Ye	es 🗆 🗆	No		Quit (year)
Ty	/pe:		Amour	nt: (glasses/ser	vings)	Fre	quen	ey:		
	Beer			<1			_	Daily		
	Liquor			1				Weekly		
	Mixed drinks			2				Monthly		
	Wine			3				Occasionally		
	Other:	_		>3				Socially		
De	you now, or have you ev	er used recre	ational	drugs?	□ Yes		lo	☐ Quit (year_)
Ty	/pe:		Amour	nt:		Fre	equen	cy:		
	Amphetamines			<1			_	Daily		
	Cocaine			1				Weekly		
	LSD			_						
	Marijuana			_				Occasionally		
\Box	Other			\2				Socially		

1 1	ace a mark beside any me	urcation listed below to which you a	11 (e aneigic.	
		Reaction			Reaction
	Penicillin	□		Radiographic Dyes	
	Keflex (Cephalexin)	□		Adhesive Tape	
	Sulfa	□		Latex	
	Erythromycin			Metal	
	Morphine	□		Other, please specify:	
	Codeine				
	Iodine/Betadine				
				NO KNOWN ALLERGIES	
W	hat medications are you o	urrently taking? Please include both	h յ	prescription and non-prescri	ption medications.
	☐ I take no prescript	ion or over-the-counter medications			
M	edications	(MG)			# Times a Day
Ev	erything I have answere	d is true and correct to the best of n	ny	y knowledge.	

THANK YOU FOR COMPLETING THIS PATIENT QUESTIONNAIRE.

IT WILL BECOME A PART OF YOUR PERMANENT MEDICAL RECORD

AT CHARLOTTESVILLE ORTHOPAEDIC CENTER, PLC

Patient Signature

Charlottesville Orthopaedic Center, PLC

Your Information. Your Rights. Our Responsibilities.

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. **Please review it carefully.**

Your Rights

You have the right to:

- Get a copy of your paper or electronic medical record
- Correct your paper or electronic medical record
- Request confidential communication
- Ask us to limit the information we share
- Get a list of those with whom we've shared your information
- Get a copy of this privacy notice
- Choose someone to act for you
- File a complaint if you believe your privacy rights have been violated

Your Choices

You have some choices in the way that we use and share information as we:

- Tell family and friends about your condition
- Provide disaster relief
- Include you in a hospital directory
- Provide mental health care
- Market our services and sell your information
- Raise funds

Our Uses and Disclosures

We may use and share your information as we:

- Treat you
- Run our organization
- Bill for your services
- Help with public health and safety issues
- Do research
- · Comply with the law
- Respond to organ and tissue donation requests

- Work with a medical examiner or funeral director
- Address workers' compensation, law enforcement, and other government requests
- Respond to lawsuits and legal actions

Your Rights

When it comes to your health information, you have certain rights. This section explains your rights and some of our responsibilities to help you.

Get an electronic or paper copy of your medical record

- You can ask to see or get an electronic or paper copy of your medical record and other health information we have about you. Ask us how to do this.
- We will provide a copy or a summary of your health information, usually within 30 days of your request. We may charge a reasonable, cost-based fee.

Ask us to correct your medical record

- You can ask us to correct health information about you that you think is incorrect or incomplete. Ask us how to do this.
- We may say "no" to your request, but we'll tell you why in writing within 60 days.

Request confidential communications

- You can ask us to contact you in a specific way (for example, home or office phone) or to send mail to a different address.
- We will say "yes" to all reasonable requests.

Ask us to limit what we use or share

- You can ask us not to use or share certain health information for treatment, payment, or our
 operations. We are not required to agree to your request, and we may say "no" if it would affect
 your care.
- If you pay for a service or health care item out-of-pocket in full, you can ask us not to share that information for the purpose of payment or our operations with your health insurer. We will say "yes" unless a law requires us to share that information.

Get a list of those with whom we've shared information

- You can ask for a list (accounting) of the times we've shared your health information for six years prior to the date you ask, who we shared it with, and why.
- We will include all the disclosures except for those about treatment, payment, and health care operations, and certain other disclosures (such as any you asked us to make). We'll provide one accounting a year for free but will charge a reasonable, cost-based fee if you ask for another one within 12 months.

Get a copy of this privacy notice

You can ask for a paper copy of this notice at any time, even if you have agreed to receive the notice electronically. We will provide you with a paper copy promptly.

Choose someone to act for you

- If you have given someone medical power of attorney or if someone is your legal guardian, that person can exercise your rights and make choices about your health information.
- We will make sure the person has this authority and can act for you before we take any action.

File a complaint if you feel your rights are violated

- You can complain if you feel we have violated your rights by contacting us using the information on page 1.
- You can file a complaint with the U.S. Department of Health and Human Services Office for Civil Rights by sending a letter to 200 Independence Avenue, S.W., Washington, D.C. 20201, calling 1-877-696-6775, or visiting www.hhs.gov/ocr/privacy/hipaa/complaints/.
- We will not retaliate against you for filing a complaint.

Your Choices

For certain health information, you can tell us your choices about what we share. If you have a clear preference for how we share your information in the situations described below, talk to us. Tell us what you want us to do, and we will follow your instructions.

In these cases, you have both the right and choice to tell us to:

- Share information with your family, close friends, or others involved in your care
- Share information in a disaster relief situation
- Include your information in a hospital directory

If you are not able to tell us your preference, for example if you are unconscious, we may go ahead and share your information if we believe it is in your best interest. We may also share your information when needed to lessen a serious and imminent threat to health or safety.

In these cases we never share your information unless you give us written permission:

- Marketing purposes
- Sale of your information
- Most sharing of psychotherapy notes

In the case of fundraising:

We may contact you for fundraising efforts, but you can tell us not to contact you again.

Our Uses and Disclosures

How do we typically use or share your health information?

We typically use or share your health information in the following ways.

Treat you

We can use your health information and share it with other professionals who are treating you.

Example: A doctor treating you for an injury asks another doctor about your overall health condition.

Run our organization

We can use and share your health information to run our practice, improve your care, and contact you when necessary.

Example: We use health information about you to manage your treatment and services.

Bill for your services

We can use and share your health information to bill and get payment from health plans or other entities.

Example: We give information about you to your health insurance plan so it will pay for your services.

How else can we use or share your health information?

We are allowed or required to share your information in other ways – usually in ways that contribute to the public good, such as public health and research. We have to meet many conditions in the law before we can share your information for these purposes. For more information see:

www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html.

Help with public health and safety issues

We can share health information about you for certain situations such as:

- Preventing disease
- Helping with product recalls
- Reporting adverse reactions to medications
- Reporting suspected abuse, neglect, or domestic violence
- Preventing or reducing a serious threat to anyone's health or safety

Do research

We can use or share your information for health research.

Comply with the law

We will share information about you if state or federal laws require it, including with the Department of Health and Human Services if it wants to see that we're complying with federal privacy law.

Respond to organ and tissue donation requests

We can share health information about you with organ procurement organizations.

Work with a medical examiner or funeral director

We can share health information with a coroner, medical examiner, or funeral director when an individual dies.

Address workers' compensation, law enforcement, and other government requests

We can use or share health information about you:

- For workers' compensation claims
- For law enforcement purposes or with a law enforcement official
- With health oversight agencies for activities authorized by law
- For special government functions such as military, national security, and presidential protective services

Respond to lawsuits and legal actions

We can share health information about you in response to a court or administrative order, or in response to a subpoena.

Our Responsibilities

- We are required by law to maintain the privacy and security of your protected health information.
- We will let you know promptly if a breach occurs that may have compromised the privacy or security of your information.
- We must follow the duties and privacy practices described in this notice and give you a copy of it.
- We will not use or share your information other than as described here unless you tell us we can in writing. If you tell us we can, you may change your mind at any time. Let us know in writing if you change your mind.

For more information see: www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/noticepp.html.

Changes to the Terms of this Notice

We can change the terms of this notice, and the changes will apply to all information we have about you. The new notice will be available upon request, in our office, and on our web site.

Other Instructions for Notice

- Effective Date of this Notice: May 1, 2017
- The Office Manager for Charlottesville Orthopaedic Center also serves as the Privacy Officer. Email address is info@cvilleortho.com. Phone number is 434-244-8412.
- We never market or sell personal information. We do not create or manage a hospital directory. We do not create or maintain psychotherapy notes at this practice.
- We will never share any substance abuse treatment records without your written permission.

PROTECTED HEALTH INFORMATION (HIPAA)

I CONSENT TO THE USE AND DISCLOSURE OF MY PROTECTED HEALTH INFORMATION BY CHARLOTTESVILLE ORTHOPAEDIC CENTER, PLC AND its MEDICAL STAFF FOR THE PURPOSES OF TREATMENT, PAYMENT, AND HEALTH CARE OPERATIONS

I give consent to Charlottesville Orthopaedic Center, PLC and other providers involved in my care to use and/or disclose my protected health information for the purposes of treatment, payment and health care operations. I understand health care operations may include, among others, uses or disclosures relative to quality review, utilization review, medical necessity, or legal review. Protected health information may include medical records, insurance and payment information, and other information used, in whole or in part, to make decisions about me. Charlottesville Orthopaedic Center, PLC Notice of Privacy Practices provides more information about how the Practice, its medical staff, and other providers may use and disclose my protected health information for these purposes. Also I have been provided information about Virginia law about policy for Hepatitis B and C or HIV testing if there is an exposure.

itis B and C or HIV
enter, PLC Notice of
ate who you will allow discuss your medical
a

Date

Signature