

#### David Nielsen, D.O.

Board-certified Orthopaedic Surgeon Fellowship-trained in Upper Extremity Certificate of Added Qualification (CAQ): Hand Surgery

Innovation that moves you

183 Spotnap Road, Suite C | Charlottesville, VA 22911 | 434-244-8412 | www.cvilleortho.com

PATIENT INFORMATION										
Patient's last name:		First:	Middle:		D Mr. Mrs.			ital status (circle one) gle / Mar / Div / Sep / Wid / LP		
Birth date:	Age:	Social S	Security no.:	S	ex:			Home phone no.	:	
1 1					M	□F		()		
Physical address:		E	Email Address:	I				Cell Pho	ne:	
P.O. box/Mailing (if different)	:		City:			State:		ZIP Co	de:	
Occupation:	E	Employer:						Work phone no.: ( )		
Chose clinic because/Referred to c	linic by (pl	ease check one bo	ox): 🛛 🖬 Dr.					Other:		
PCP/Family Doctor: Is this visit result of an injury? Y or N Date/Time of injury										
		INSURANCE	E/PAYMENT	INFO	RMAT	ION				
Is this patient covered by in	surance?	Yes	s 🗆 No							
Person responsible for bill: Se	lf E	Birth date:	Address (if dif	ferent):						
Home phone no.:		, , Work no:		Cell No	<b>.</b>			Is this person a	a natient here?	
( )		( )						⊡Yes □No		
		· · ·	Ir insurance car	insurance card to the receptionist.)						
Primary insurance:			Policy no.:			,	G	Froup no.:		
Subscriber's name: Self	Subs	scriber's S.S. no.:	Birth date:	Pa	Patient's relationship to subscriber:					
			1 1		Self	□Spouse		□Child	□Other	
Secondary insurance:			Policy no.:				G	roup no.:		
Subscriber's name: Self	Subs	scriber's S.S. no.:	Birth date:	Pa	tient's ı	relationship	to sub	ubscriber:		
			1 1		Self	□Spouse		□Child	□Other	
WORKCOMP Patients (Y	′ou must				-	ou may be	cons	idered a selfpa	ay patient.)	
		IN CA	SE OF EME	-	ICY			1		
Name:			Relationship patient:	to	Ho	me phone n	o.:	Work phone n	0.:	
					(	)	o =:	()	-	
Authorization for Treatment, Release of Information, Insurance Authorization and Assignment & Financial Agreement I hereby authorize treatment. I authorize Charlottesville Orthopaedic Center to furnish to insurance carriers any medical information necessary to process my claims. I hereby assign to Charlottesville Orthopaedic Center all payments, for medical good/services rendered to myself or my dependents. I understand that I am responsible for payment of any amount not covered by insurance. AFTER INSURANCE PAYMENT IS RECEIVED, I AUTHORIZE CHARLOTTESVILLE ORTHOPAEDIC CENTER TO BILL ANY REMAINING BALANCE TO THE CREDIT CARD I PRESENT TODAY AND TO MAIL ME A RECEIPT. I understand that an additional amount of 1% interest will be added to patient balances 30 days or more past due. I agree to reimburse the fees of any collection agency, equaling 30% of the debt, and all costs and expenses, including reasonable attorney's fees, incurred in such collection efforts. I hereby acknowledge responsibility for obtaining any referrals needed.										
Patient or Guardian	signatur	e				Date				



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# **Patient Questionnaire Initial Evaluation**

**INSTRUCTIONS:** Please complete the following questionnaire before you see the doctor. Mark the word or phrase that best describes your situation. You may select more than one answer per question. Answer the question in as much detail as possible. Write additional information in the margins if needed. The information you provide will help your doctor to more accurately understand your problem(s) and develop an appropriate plan of treatment for your care. THANK YOU.

Patient name:	Date:	
Family/primary doctor:		
Family/primary doctor's address:		
How were you referred here? □ Family/primary of	doctor	
$\Box$ Family $\Box$ Friend $\Box$ Telephone book	□ Internet □ Referral service □	□ Other:
Age: Sex: □ Male □ Female	Are you pregnant?□Yes (Are you breastfeeding?□Yes	_Weeks) □ No □ No
What are you seeing the doctor for?		
Is this injury work related?	f injury)	_ 🗆 No
When did the problem first start or when did the inju	ry occur?	
Explain in your own words how this problem occurre	ed:	
Have you seen a doctor for this problem or injury?	□ Yes □ No If ye	es, who and when?
What treatments have you had (tests, medication, sur	gery, therapy, splinting, etc)? Please include	le everything from previous
providers as well as anything you may have done o		
DO YOU CURRENTLY HAVE ANY OF THE F	OLLOWING SYMPTOMS? Please check	k all that apply:

## □ Fevers

- □ Fatigue
- □ Infections
- $\Box$  Night sweats
- $\Box$  Vision changes
- □ Headaches Shortness of breath
- $\Box$  Productive cough
- Chest pain
- □ Chest palpitations
- □ Vomiting
- □ Diarrhea  $\Box$  Constipation
- Weight loss
- □ Weight gain
- □ Bladder or urination problems
- Skin, hair or nail changes
- □ Bruising or bleeding
- □ I do not have any of these symptoms

#### PLEASE TELL US ABOUT YOUR PAST ORTHOPAEDIC HISTORY (not including today):

EASE TELL US ABOUT YOUR PA	AST ORTHOPAL
Shoulder fracture	Left/Right
Shoulder injury	Left/Right
Shoulder dislocation	Left/Right
Rotator cuff strain/bursitis	Left/Right
Rotator cuff tear	Left/Right
Adhesive capsulitis/frozen shoulder	Left/Right
Arm fracture	Left/Right
	Left/Right
Elbow fracture	Left/Right
Elbow injury	Left/Right
Tennis elbow	Left/Right
Forearm fracture	Left/Right
Forearm injury	Left/Right
Finger fracture	Left/Right
	Left/Right
Hand fracture	Left/Right
	Left/Right
Wrist fracture	Left/Right
Wrist injury	Left/Right
	Left/Right
Trigger finger	Left/Right
Ganglion cysts	Left/Right
Tendon lacerations	Left/Right
Nerve or artery injury	Left/Right
	Shoulder fracture Shoulder injury Shoulder dislocation Rotator cuff strain/bursitis Rotator cuff tear Adhesive capsulitis/frozen shoulder Arm fracture Arm injury Elbow fracture Elbow injury Tennis elbow Forearm fracture Forearm injury Finger fracture Finger injury Hand fracture Hand injury Wrist fracture Wrist injury Carpal tunnel syndrome Trigger finger Ganglion cysts Tendon lacerations

1)	(IIU)	i including (ouay).	
		Hip fracture	Left/Right
		Hip injury	Left/Right
		Thigh fracture	Left/Right
		Thigh injury	Left/Right
		Knee injury	Left/Right
		Meniscal tear	Left/Right
		ACL ligament injury	Left/Right
		Leg fracture	Left/Right
		Leg injury	Left/Right
		Ankle fracture	Left/Right
		Ankle sprains	Left/Right
		Foot fracture	Left/Right
		5 5	Left/Right
		Toe fracture	Left/Right
		Toe injury	Left/Right
		Herniated disc	
		Back fracture	
		Low back pain	
		Neck fracture	
		Neck injury	
		Other, please specify:	

#### □ NO PREVIOUS ORTHOPAEDIC PROBLEMS

#### PLEASE TELL US ABOUT YOUR PAST MEDICAL HISTORY:

- Coronary artery disease
- Peripheral vascular disease
- Past heart attack
- $\Box$  Chest pain
- □ Arrhythmia/Irregular heart beat
- □ Heart murmur
- $\Box$  Heart valve dysfunction
- □ Pacemaker
- □ Heart failure
- □ Fainting spells
- □ Hypertension/High blood pressure
- □ High cholesterol
- □ Adult onset diabetes
- □ Childhood onset diabetes
- □ Stroke/TIA
- □ DVT/Blood clot
- □ Bleeding problems
- □ Sickle cell disease
- □ Anemia
- $\Box$  Blood transfusion
- □ Asthma
- □ Emphysema
- □ COPD
- $\hfill\square$  Shortness of breath
- D Pneumonia
- $\Box$  Growth problems
- Developmental delayCongenital anomalies

- □ Stomach ulcer
- □ Reflux/GERD
- □ Gastritis
- □ Hiatal hernia
- □ Colitis
- $\Box$  Chron's disease
- □ Irritable bowel syndrome
- □ Diverticulitis
- Diarrhea
- D Pancreatitis
- Cirrhosis
- □ Liver disease
- □ Alcoholism
- □ Hepatitis A/B/C
- □ Kidney disease
- $\Box$  Kidney stones
- $\Box$  Enlarged prostate
- $\Box$  Endometriosis
- □ Menopause
- $\Box$  Gynecologic problems
- □ Anxiety
- □ Depression
- □ Migraines
- □ Parkinson's
- □ Seizure disorder
- □ Multiple sclerosis
- □ Cancer, specify type:

- □ Head injury
- □ Paralysis/spinal cord injury
- □ Immune disorder
- □ Thyroid disease
- □ Glasses/contacts
- □ Blind
- $\Box$  Cataracts
- □ Detached retina
- □ Glaucoma
- □ Deaf/Hard of hearing
- $\Box$  Hearing aid use
- □ Vertigo
- □ Seasonal allergies
- $\Box$  Nose bleeds
- $\Box$  Sinusitis
- □ Osteoarthritis (age related)
- □ Rheumatoid arthritis
- □ Gout
- □ Fibromyalgia/Chronic pain
- □ SLE/Lupus
- $\Box$  Bone infections
- □ Chronic/Non-healing wounds
- Burn injury
  - $\Box$  Other condition, please list:

#### PLEASE TELL US ABOUT YOUR PAST SURGICAL HISTORY: Place a mark beside any surgery you have ever had.

## **General Surgery**

	YEAR		YEAR
Appendectomy		Hernia repair	
Cataract extraction		Hysterectomy	
Caesarian section		Mastectomy	
Angioplasty		Tonsillectomy	
Bypass/open heart surgery		Prostate surgery	
Peripheral vascular surgery		Other, please specify:	
Gall Bladder surgery			
		NO PREVIOUS GEN	NERAL SURGERY

## **Orthopaedic Surgery**

		YEAR			YEAR
Shoulder: fracture repair	Left/Right		Hip: fracture repair	Left/Right	
Shoulder: arthroscopy	Left/Right		Hip: total hip replacement	Left/Right	
Shoulder: rotator cuff repair	Left/Right		Thigh	Left/Right	
Clavicle	Left/Right		Knee: fracture repair	Left/Right	
Arm	Left/Right		Knee: arthroscopy	Left/Right	
Elbow	Left/Right		Knee: ACL reconstruction	Left/Right	
Forearm	Left/Right		Knee: total knee replacement	Left/Right	
Hand/Wrist: fracture repair	Left/Right		Leg	Left/Right	
Hand/Wrist: carpal tunnel	Left/Right		Ankle	Left/Right	
Hand/Wrist: nerve repair	Left/Right		Foot	Left/Right	
Hand/Wrist: tendon repair	Left/Right		Toes	Left/Right	
Finger	Left/Right		Other, please specify:		
Low back	Left/Right		 		
Neck	Left/Right				
			NO PREVIOUS ORTHOPAH	EDIC SURGER	RY

#### PLEASE TELL US ABOUT YOUR FAMILY HISTORY:

Has any blood relative had any of the following conditions? Place a mark beside any condition, and fill in type if known

- □ Dysplasia , type: \_\_\_\_\_
  □ Bone diseases , type: \_\_\_\_\_
- □ Connective tissue disorders, type:
- □ Mucopolysaccharidosis , type:
- □ Muscular dystrophies , type: \_\_\_\_\_
- Blood disorders , type: \_\_\_\_\_
- □ Congenital musculoskeletal, type:
- Neurologic disorders , type: \_\_\_\_\_\_
- Bone cancer , type:
- □ Other cancer , type: \_\_\_\_\_
- □ Other please list: \_\_\_\_\_

#### □ NEGATIVE FAMILY HISTORY

# PLEASE TELL US ABOUT YOURSELF:

Oce	cupation:			□ Retired H	Employer			
	□ Disabled (cause	e:		) 🗆 Perman	ent 🗆 Te	emporary		
Ha	nd dominance: 🗆 Ri	ight 🗆 Left	□ Aml	bidextrous				
Ed	ucation completed:	Marital stat	us: Chi	ldren:	Home a	rrangements:		
	Elementary school	□ Single		None	□ Hom	ne, alone		
	High school	□ Married		# son(s)	□ Hom	ne with family		
	GED	□ Divorce		# daughter(s)	□ Hom	ne with roommates		
	Vocational school	□ Separate	d		🗆 Assi	sted living, name:		
	College	□ Partner			□ Nurs	sing home, name:		
	Graduate school	□ Widow						
						What assistive devices	do	
Wł	nat best describes your a	activity level?	(Check onl	y one)		you use? (Check all the second s	hat ap	ply)
	30 minutes of an exercis	se program	□ Active	e but no exercise	e program	□ None		Full walker
	less than 1 day a week		□ Seden	tary/sit most of	the day	□ Cane		Rollator
	30 minutes of an exercis	se program	□ Minin	nal activity outsi	de of home	□ Crutches		Wheelchair
	1-2 days a week		□ Stay a	t home only		□ One-handed walker	•	
	30 minutes of an exercis	se program	□ Stay in	n bed only				
	3 or more days a week							
Do	you now, or have you e	ever used toba	cco?	□ Yes (vears	)	□ No □ Quit (year		)
Тур				pack/can/each)				
	Chew			-		□ Daily		
	Cigar Cigarette		$\Box$ 1 $\Box$ 2			<ul><li>□ Weekly</li><li>□ Monthly</li></ul>		
	Cigarette Dip		$\square$ 3			$\Box$ Occasionally		
	Pipe		$\square >3$	3		$\Box$ Socially		
Do	you now, or have you e	ever consumed	l alcohol?	□ Yes	□ No	□ Quit (year		)
Ty			,	glasses/servings	) Fr	requency:		
	Beer Liquor		$\square < 1$	l		□ Daily □ Weekly		
	Mixed drinks		$\square$ 1			$\square$ Monthly		
	Wine		□ 3			□ Occasionally		
	Other:			3		□ Socially		
Do	you now, or have you e	ever used recr	eational dru	ıgs? □ Y	es 🗆 1	No 🗆 Quit (yea	ır	)
Тур			Amount:		Fi	requency:		
	Amphetamines			l		$\Box$ Daily		
	Cocaine LSD		$\square$ 1 $\square$ 2			<ul><li>□ Weekly</li><li>□ Monthly</li></ul>		
	Marijuana		$\square$ 3			$\Box$ Occasionally		
	Other:		$\square >3$	3		□ Socially		

#### Place a mark beside any medication listed below to which you are allergic:

	Reaction		Reaction
Penicillin		Radiographic Dyes	
Keflex (Cephalexin)		Adhesive Tape	
Sulfa		Latex	
Erythromycin		Metal	
Morphine		Other, please specify:	
Codeine		 	
Iodine/Betadine		 	
		NO KNOWN ALLERGIES	

What medications are you currently taking? Please include both prescription and <u>non-prescription</u> medications.

	take no	prescription	or	over-the-counter	medications
--	---------	--------------	----	------------------	-------------

Medications	( <b>MG</b> )	# Times a Day		

Everything I have answered is true and correct to the best of my knowledge.

Patient Signature

THANK YOU FOR COMPLETING THIS PATIENT QUESTIONNAIRE. IT WILL BECOME A PART OF YOUR PERMANENT MEDICAL RECORD AT CHARLOTTESVILLE ORTHOPAEDIC CENTER, PLC

# Charlottesville Orthopaedic Center, P.L.C.

#### NOTICE OF PRIVACY PRACTICES FOR PROTECTED HEALTH INFORMATION

# This notice describes how medical information about you may be used and disclosed and how you may get access to this information. PLEASE READ IT CAREFULLY.

Charlottesville Orthopaedic Center, PLC, employees, medical staff, and other health care professionals are committed to protecting your medical information. We are required by law to maintain the privacy of protected health information and to provide you with this Notice of our general duties and privacy practices with respect to protected health information. This notice applies to all records of your care generated by the practice. In addition, any business associates or partners with whom we share protected health information is contractually obligated to follow the terms and conditions of this Notice.

We are required by law to abide by the terms of this Notice, and we reserve the right to change the terms of the Notice, making any revisions applicable to all the protected health information we maintain. If we revise the terms of this Notice, we will post a revised Notice at the practice and will make paper copies of this Notice of Privacy Practices for Protected Health Information available at the practice.

#### How your medical information will be used and disclosed

<u>For Treatment</u>: We may use your medical information to provide you with treatment or services, as well as disclose your medical information to clinicians (e.g. doctors, nurses, technicians, medical students) who are involved in your care at our practice or at outside practices upon request. We may disclose your information to hospitals or other clinical facilities to coordinate your care, such as X-rays, prescriptions, labs. We may disclose medical information about you to people who may be involved in your medical care such as family members or others provide who provide services that are part of your care.

<u>For Payment:</u> We may use and disclose medical information about you so that the treatment and services you receive at the practice may be billed to, and payment may be collected from, you, an insurance company, medical supply company or third party. For example, we may tell your health plan about a treatment you are going to receive for preauthorization or to see if your plan covers it. We may disclose your information to other treating providers for their payment purposes, such as the lab.

<u>For Health Care Operations</u>: We may use and disclose your medical information for operational reasons such as quality improvement, legal review, utilization review. This is necessary to run the practice and ensure quality care. For example, your information may be used and disclosed to review our treatment and services, to evaluate our performance, or for accrediting agencies to evaluate our practice. We may also disclose information to medical providers and other practices for review and learning purposes.

<u>Appointment Reminders</u>: To help you remember your appointments, our office staff may use your information in order to call you for a reminder. If you want to restrict where we can call, please let us know. If you do not want us to leave a voice mail, please let us know as well.

<u>Release of Information in Transfer of Care:</u> If you are transferring your care to another physician and need to have copies of your records sent, we will provide this service

with a fee for the copying charges, mailing costs, fax costs and work involved by staff members. Costs may be up to \$15 or more.

<u>Email:</u> If you would like to communicate with email, you must be aware that email may not be secured. If you choose to use email, please let us know and provide us with your correct email address.

<u>Treatment Alternatives</u>: We may use and disclose your medical information to tell you about or recommend possible treatment options or alternatives that may be of interest to you, or about health-related benefits or services.

<u>Individuals Involved in Your Care or Payment for Your Care</u>: We may release your medical information to friends or family members who are involved in your medical care and/or someone who helps pay for your care. We have a form you can complete giving permission with whom you would prefer us to speak, though it may not be agreed with if your information needs to be shared for your wellbeing or finances.

We May Also Use or Disclose your Medical Information:

- when required by the US Department of Health and Human Services as part of an investigation or determination of the practice's compliance with relevant laws
- for public health activities including: the reporting of diseases, injury, or disability, the reporting of domestic violence or child abuse or neglect, and the conduct of public health surveillance, investigation and/or intervention
- to a health oversight agency for oversight activities authorized by law, including audits, investigations, inspections, licensure or disciplinary actions, administrative and/or legal proceedings
- in the course of certain judicial or administrative proceedings
- for law enforcement purposes such as complying with a court order, subpoena or warrant, and other law enforcement purposes
- to a coroner, medical examiner or funeral director
- to an organ donation and procurement organization if you are an organ donor
- to researchers conducting research that has been approved by an Institutional Review Board or the practice's privacy board
- to appropriate persons to prevent or lessen a serious threat to the health or safety of another person or the public
- for military, national security, prisoner, and government benefit purposes. Note that disclosure for government benefits purposes are limited to health plans only
- as authorized by laws relating to worker's compensation or similar programs
- as may otherwise be required under federal or state law, including but not limited to disclosures under the Virginia Health Records Privacy Act

<u>When we may not use your medical information</u>: Except as described in this Notice, we will not use or disclose your medical information for any other purposes without your written authorization. If you do provide us with an authorization, you may revoke your authorization in writing at any time.

Your Rights Regarding Your Medical Information:

- To request restrictions on certain uses and disclosures of your medical information. However, we are not required to agree with your requested restriction
- To receive communications in a confidential manner
- To inspect and obtain a copy of your medical information. This right is subject to certain specific exceptions, and you may be charged a reasonable copy fee.
- To request an amendment of your medical information. We may deny your request for certain specific reasons, and if denied, we will provide you with a written explanation for the denial and information regarding further rights you would have at that point.

- To receive an accounting of the disclosures of your medical information made by us in the six years prior to your request, except for disclosures of treatment, payment, or operational purposes, and for certain other specific disclosure types.
- To request a paper copy of this Notice of Privacy Practices for Protected Health Information
- To complain to the practice and/or the US Department of Health and Human Services if you believe that the practice has violated your privacy rights. To complain to the practice, please contact the Privacy Officer at (434) 244-8412 or by writing 183 Spotnap Road, Suite C, Charlottesville, VA 22911. If you choose to file a complaint, you will not be retaliated against in any way.

<u>Virginia Law</u> requires health care providers to notify you that Hepatitis B and C or HIV (AIDS) Virus testing on a sample of your blood may be done if a health care worker is exposed to your blood or body fluids. This following notice is to advise you that this is in effect at this facility. "As a health care provider under Virginia Acts of Assembly Section 32.1-45.1, whenever any health care worker associated with or working for Charlottesville Orthopaedic Center, PLC is directly exposed to body fluids of a patient in a manner which, according to the guidelines of the Center for Disease control, may transmit human immunodeficiency virus or Hepatitis B and C, Charlottesville Orthopaedic Center will proceed to test the patient through his or her physician and to the health care worker(s) who was/were exposed. When a person is tested, we automatically test for Hepatitis B and C and HIV for safety of all concerned. Hospital and Charlottesville Orthopaedic Center policy protects you as a patient, should you be exposed."

If you would like further information regarding your rights or regarding the uses and disclosures of your medical information, you may contact the Privacy Officer at (434) 244-8412 or in writing: 183 Spotnap Road, Suite C, Charlottesville, VA 22911.

This notice is effective as of April 14, 2003.

I CONSENT TO THE USE AND DISCLOSURE OF MY PROTECTED HEALTH INFORMATION BY CHARLOTTESVILLE ORTHOPAEDIC CENTER, PLC AND its MEDICAL STAFF FOR THE PURPOSES OF TREATMENT, PAYMENT, AND HEALTH CARE OPERATIONS

I give consent to Charlottesville Orthopaedic Center, PLC and other providers involved in my care to use and/or disclose my protected health information for the purposes of treatment, payment and health care operations. I understand health care operations may include, among others, uses or disclosures relative to quality review, utilization review, medical necessity, or legal review. Protected health information may include medical records, insurance and payment information, and other information used, in whole or in part, to make decisions about me. Charlottesville Orthopaedic Center, PLC Notice of Privacy Practices provides more information about how the Practice, its medical staff, and other providers may use and disclose my protected health information for these purposes. Also I have been provided information about Virginia law about policy for Hepatitis B and C or HIV testing if there is an exposure.

I acknowledge that I have received or been offered a copy of Charlottesville Orthopaedic Center, PLC Notice of Privacy Practices.

Signed by:	()Patient ()Spouse ()Parent ()Guardian							
	() Power of Attorney () Other							
	() Patient is unable to sign or acknowledge							
	() Patient refuses to sign but was given the opportunity to							
	acknowledge and sign							

Print:	 	 	
Signed:	 	 	
Witness:			

Date: \_\_\_\_\_

Chart Number\_\_\_\_\_

#### SHARING INFORMATION WITH FAMILY & FRIENDS

To protect the confidentiality of our patients, we ask you to fill out this section. Please indicate who you will allow us to discuss your medical care with. If you do not let us know who we may talk to, we will not discuss your medical care with them.

People we may talk to about your medical care:

Name Relation

People we may <u>NOT</u> talk to about your medical care:

Name Relation